



Triple P Provider Training Options

Level	Triple P Course	Target client group	Professionals who undertake this course include	Triple P delivery format	Pre-requisite courses
1	Universal Triple P	General Population targeted through a media-based parent information campaign	Universal Triple P is not offered as a training course. Instead, Universal Triple P provides materials to support practitioners who have completed a Triple P training course in disseminating the principles of the Triple P – Positive Parenting Program through media outlets in their community.	N/A	Any Triple P Training Course
2	Selected Seminars Triple P	Parents or carers interested in general information about promoting their child's development.	Those involved in education or health services e.g. school counsellors, nurses.	Three 2-hour seminars delivered to large groups of parents (>20)	Level 3 or 4 Triple P
2	Selected Individual Support Triple P	Parents or carers interested in general information about promoting their child's development.	Support workers who are engaged in an organisation offering the Triple P system within a primary healthcare setting. Paraprofessionals/professionals employed, or acting on a volunteer basis offering ancillary support to parents who are engaged in Triple P programs with an Accredited Triple P Provider.	Incidental contact	Nil (Organisational support and supervision is highly recommended).
2	Selected Seminars Teen Triple P	Parents or carers interested in general information about promoting their teenager's development.	Those involved in education or health services e.g. school counsellors, nurses.	Three 2-hour seminars delivered to large groups of parents (>20)	Level 3 or 4 Triple P
2	Selected Teen Individual Support Triple P	Parents or carers interested in general information about promoting their teen's development.	Support workers who are engaged in an organisation offering the Triple P system within a primary healthcare setting. Paraprofessionals/professionals employed, or acting on a volunteer basis offering ancillary support to parents who are engaged in Triple P programs with an Accredited Triple P Provider.	Incidental contact	Nil (Organisational support and supervision is highly recommended).

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3	Primary Care Triple P	Parents or carers with a specific concern about their child's behaviour who require one-to-one consultations and active skills training. These parents are often unable to commit to regular treatment over longer periods of time.	Those who may be involved in long term support for the client and are only able to provide brief therapeutic interventions, including school counsellors, nurses, home visitors, family physicians, paediatricians, allied health professionals.	Brief individual consultations (possibly 4 x 20 – 30 min sessions over 1-2 months)	Nil
3	Primary Care Teen Triple P	Parents or carers with a specific concern about their teen's behaviour who require one-to-one consultations and active skills training. These parents are often unable to commit to regular treatment over longer periods of time.	Those who may be involved in long term support for the client and are only able to provide brief therapeutic interventions, including school counsellors, nurses, home visitors, family physicians, paediatricians, allied health professionals.	Brief individual consultations (possibly 4 x 20 – 30 min sessions over 1-2 months).	Nil
4	Group Triple P	Parents or carers of children requiring intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply to multiple contexts. These parents can commit to 8 weeks of regular appointments.	Those who are able to provide long term regular group interventions, including school counsellors, nurses, psychologists, social workers.	5 x 2 hour group sessions + 3 x 20 min individual telephone consultations for a group of up to 12 parents of children.	Nil
4	Group Teen Triple P	Parents or carers with concerns about their teen's behaviour who require intensive training in positive parenting. These parents can commit to 8 weeks of weekly appointments.	Those who are able to provide long term regular group interventions, including school counsellors, nurses, psychologists, social workers.	5 x 2 hour group sessions + 3 x 20 min individual telephone consultations for a group of up to 12 parents of teens.	Nil
4	Standard Triple P	Parents or carers with concerns about their child's behaviour who require intensive training in positive parenting. These parents can commit to 10 weeks of weekly appointments.	Those who are able to provide long term regular interventions, including school counsellors, nurses, psychologists, social workers, allied health professionals.	10 individualised 1 hr weekly sessions.	Nil
4	Standard Stepping Stones Triple P	Parents or carers of children with a disability (up to 9 years old) who have moderate to severe concerns about their child's behaviour and are able to commit to 2 months of regular appointments.	Those who are able to provide long term regular interventions, including school counsellors, nurses, psychologists, social workers, and allied health professionals.	10 individualised 1 hr weekly sessions.	Nil
4	Group Indigenous Triple P (<i>Available in Australia only</i>)	Parents or carers of Australian Indigenous children who have or are at risk of developing behavioural problems.	Those who are able to provide long term regular interventions with Australian Indigenous clients, including school counsellors, nurses, physicians, paediatricians, psychologists, social workers, allied health professionals.	6 x 2 hr group sessions with up to 12 parents and/or individualised home visits.	Nil

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5	Enhanced Triple P	Parents of children with concurrent child behaviour problems and family adjustment difficulties, e.g. parental depression or stress and partner conflict. These parents have attempted a Level 4 program and shown minimal improvements.	Those who are able to provide long term regular interventions, including school counsellors, nurses, psychologists, social workers, allied health professionals.	3 – 10 individualised 60 – 90 minute parenting sessions	Any Level 4 Triple P Training Course
5	Pathways Triple P	Parents who have anger management issues and other issues that put them at risk of child abuse and neglect.	Those who are able to provide long term regular interventions, including school counsellors, nurses, psychologists, social workers, allied health professionals.	2 – 5 individualised or group 60 – 90 min sessions.	Level 4 Triple P Training Course

Note: The word “parent” referred to in relation to Triple P is used to refer to any person who is a biological parent, adoptive parent, guardian, carer, or who is otherwise acting in a parental role in respect of a person who is a minor or adolescent.