



## **Professor Matt Sanders**

Matthew R Sanders is a Professor of Clinical Psychology, Director of the Parenting and Family Support Centre at The University of Queensland and Founder of the Triple P - Positive Parenting Program. This unique system of parenting intervention is being used extensively around the world in diverse cultural contexts.

Professor Sanders is an experienced clinical researcher in the prevention and treatment of child and adolescent mental health problems. He has received many competitive grant awards and has published extensively in international peer reviewed journals on the nature, causes, prevention and treatment of behavioural and emotional disturbance in children and adolescents.

Professor Sanders has received a Distinguished Career Award from the Australian Association for Cognitive Behaviour Therapy and is a Fellow of the Academy of Experimental Criminology and the Australian Psychological Society. The Triple P - Positive Parenting Program has twice won the National Violence Prevention Award from the Commonwealth Heads of Government in Australia and Professor Sanders received an International Collaborative Prevention Research Award from the Society for Prevention Research in 2004.

Professor Sanders has served as a consultant for several government departments interested in the adoption of evidence-based parenting and family support strategies and has served as a member of the National Illicit Drugs Strategy Community Expert Panel, the Chairperson of the Evaluation Policy Subcommittee for the Board of the National Suicide Prevention Council, a member of the Ministerial Task Force on Work and Family and acts as a Media Spokesperson for the Australian Psychological Society on Child and Family issues.

Professor Sanders appeared as facilitator in the 2005 UK primetime television documentary series "Driving Mum and Dad Mad" which charted the journey of five families undertaking a Group Triple P program.