

DISASTER RECOVERY TRIPLE P

WHAT IS DISASTER RECOVERY TRIPLE P?

A parenting information presentation delivered to a large group of parents (20 to 200) having experienced a natural disaster. The seminar aims to help parents understand children's social and emotional reactions to disasters, how to support children's resilience and encourage them to naturally resolve their distress, and answer their children's questions about what happened and what might happen in the future. The seminar takes around 90 minutes to present, plus 30 minutes for question time.

WHO IS IT FOR?

Parents or caregivers, with children up to 12 years or teens, who have experienced a natural disaster. Disaster Recovery Triple P is designed as an informational support not as a treatment for excessive trauma reactions although some people may benefit from attending these seminars as an avenue for accessing further help.

WHAT IS COVERED IN SESSIONS WITH PARENTS?

During the seminar parents are introduced to the following:

- Common social and emotional reactions of children following a disaster.
- The natural course of children's responses.
- Why some children are more affected than others.
- Parent traps.
- Managing children's emotions following the disaster.
- Answering children's questions.

HOW MUCH TIME IS NEEDED TO DELIVER THE INTERVENTION?

In addition to each seminar, the practitioner should allow time for preparing for the seminar and supervision. Please see the table below for an approximate delivery guideline time for each seminar.

CONSULTATION TIME	2 hours
PRE AND POST ASSESSMENTS — QUESTIONNAIRE SCORING AND FEEDBACK*	n/a
TELEPHONE SUPPORT OR HOME VISIT	n/a
SESSION PREPARATION AND POST-SESSION DEBRIEF/SUPERVISION	1½ hours
CASE NOTES AND REPORT WRITING**	n/a
TOTAL TIME	3½ hours per seminar

*An additional 2-3 minutes per family should be allowed for reviewing the Client Satisfaction Questionnaire (CSQ) at the end of the intervention.

**Not including comprehensive reports for government agencies.

WHAT RESOURCES DO PARENTS RECEIVE?

Each family will receive an After the disaster Triple P Tip Sheet.

Please see the table below for the expected programme resources required.

NUMBER OF INTERVENTIONS PER YEAR	3 interventions
NUMBER OF FAMILIES PER INTERVENTION	50 families per seminar
RESOURCES PER FAMILY	1x Disaster Recovery Triple P Tip Sheet per seminar place
TOTAL NUMBER OF FAMILIES	150 seminar places
TOTAL RESOURCES PER YEAR	150 Tipsheets

WHAT IS INVOLVED IN PROVIDER TRAINING?

To provide Disaster Recovery Triple P to families, practitioners must have completed an approved active skills training programme and demonstrated their knowledge and competence in programme delivery through a skills-based accreditation process. The table below provides an estimate of the time commitment for practitioners to attend training and support days, as well as time needed for preparation and peer support.

DISASTER RECOVERY TRIPLE P EXTENSION TRAINING	PREVIOUSLY TRAINED IN	
	LEVEL 3 OR 4 TRIPLE P	LEVEL 2 TRIPLE P
NUMBER OF TRAINING DAYS (9.00AM–4.30PM)	1 day	½ day
PRE- ACCREDITATION DAY (9.00AM–4.30PM)	n/a	
PREPARATION TIME FOR ACCREDITATION DAY	4–6 hours (quiz and competency preparation)	n/a
ACCREDITATION DAY	Half day	n/a
PEER SUPPORT	2–3 hours (hourly meetings per month)	
TOTAL TIME	4 days	1 day

DO PRE-REQUISITES APPLY?

This is an extension training course, practitioners must have completed a Level 2, 3, or 4 Triple P Provider Training Course.

WHAT ARE THE PROVIDER LEARNING OUTCOMES?

- Organising a successful seminar.
- Presentation of the Disaster Recovery seminar.
- Responding to parents' questions.

WHAT RESOURCES DO PRACTITIONERS RECEIVE?

Each practitioner will receive a copy of the following Triple P practitioner resources at training:

- Access to Disaster Recovery Triple P PowerPoint presentation.
- Disaster Recovery Triple P Tip Sheet (*After the disaster*).

